

Professor Anna Rae-Kelly

M.Th, M.Sc., B.Ed., Dip. Ed., Cert.RE



Born in Glasgow, Scotland, Anna has worked for over thirty years in the Catholic/Christian education field as a College Professor, Faith Formation Coordinator and School Teacher at all grade levels in Scotland and North America across the full spectrum of educational needs including her work in an asylum for the criminally insane.

In her faith journey, Anna spent her formative years as a lay Frontier Apostolate missionary in working with the First Peoples and Métis communities of northern British Columbia, Canada. She also began an urban soup outreach program in the frozen winter streets of Prince George, BC. Anna later lived in and assisted in the establishment of a L'Arche community home in the United States of America. She has led multiple high school retreat and residential spiritual camps; and has latterly spent ten years in the contemplative lifestyle sanctifying the hours with intercessionary prayer.

Anna has developed and presented multiple Catholic and Christian Education series and retreats for religious and lay groups in North America and Scotland. In 2004, she established ARK Ministries to offer support for presentations, programs and retreats on pastoral theology and contemplative spirituality throughout New England and beyond. In 2005, Anna began the Lay Fast for Priests annual day of prayer and fasting. This is a global endeavor which has resulted in tens of thousands of lay Catholics from 53 countries joining a yearly common fast for priests. Anna has promoted the Lay Fast in multiple radio and television appearances across North America and beyond.

Most recently, Anna has developed the Homebound Missionaries program and led a retreat on this way of life with a community of homebound nuns in Rhode Island, USA.

Anna is currently completing a book on spiritual direction entitled "In the Absence of a Spiritual Director". She is also a lay aspirant in the Order of Carmelite Discalced Secular (OCDS).

Anna is based in Massachusetts with her husband, John, and their three children Anna, Christopher and Georgia.

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